

Little Miami Cross Country Invitational

Saturday September 12, 2020

Where: Little Miami High School

Registration and Timing: Bib timing using Buckeye-Timing (www.buckeye-timing.com)

When: HS races begin at 9:00am and JH races begin at 11:30am.

- **High School Races**

- High School Boys race at 9:00am (race size limited to 150)
- High School Girls race at 9:30am (race size limited to 150)
- Boys Open race at 10:10am (if needed)
- Girls Open Race at 10:50am (if needed)

- **Junior High Races**

- Junior High School Boys race at 11:30am (race size limited to 150)
- Junior High School Girls race at 11:55am (race size limited to 150)
- Boys Open race at 12:20pm (if needed)
- Girls Open Race at 12:45pm (if needed)

Cost: High School \$100 per team (\$200 girls + boys) and Junior High School \$100 per team (\$200 girls + boys), \$350 max for per school. Make checks payable to "Little Miami Athletics".

Admission: \$5/per car load. Busses get in Free!

Awards:

- **Team:** 1st and 2nd place trophies
- **Individual:** Winner gets a plaque, 2nd thru 10th medals and 11th-20th ribbons.

Course: Relatively flat with a short woods and a few small rolling hill sections. See attachment.

Contact Information: Please confirm if you would like to attend with:

- Head Coach Eric Bond (coachbond.lmhs@gmail.com)
- Athletic Director Keith Pantling (kpantling@lmsdoh.org)



LITTLE MIAMI Cross Country Invitational

September 12, 2020

School: _____

Address: _____

School Phone: _____

We are entering: _____ Boys _____ Girls

Boys Coach: _____

Coach Email: _____

Girls Coach: _____

Coach Email: _____

Please send confirmation to:

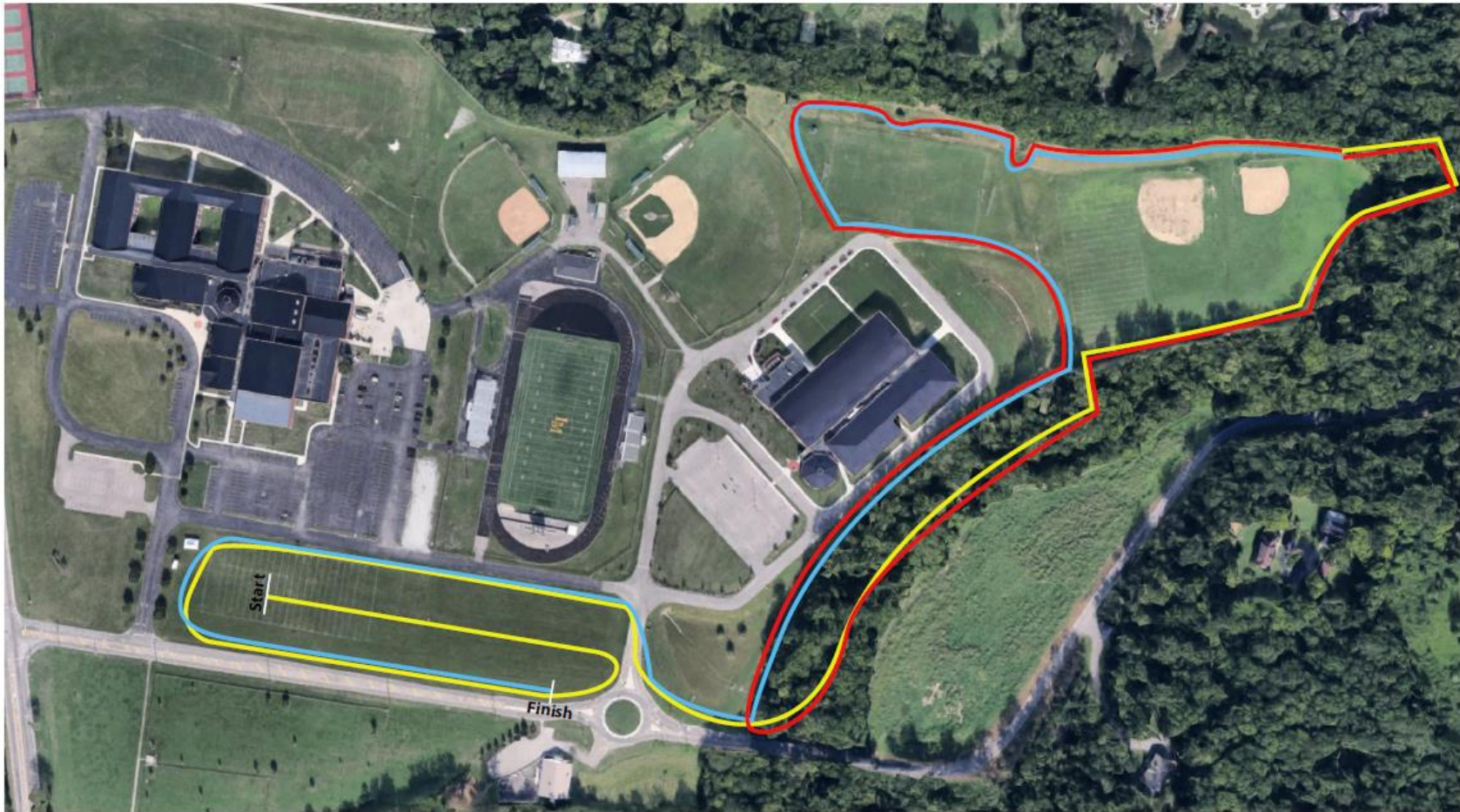
Jordan Lanham – assistant AD (513-515-8997)

janham@lmsdoh.org

3001 East Us. 22 & 3

Morrow, OH 45152

Little Miami 5K Cross Country Course

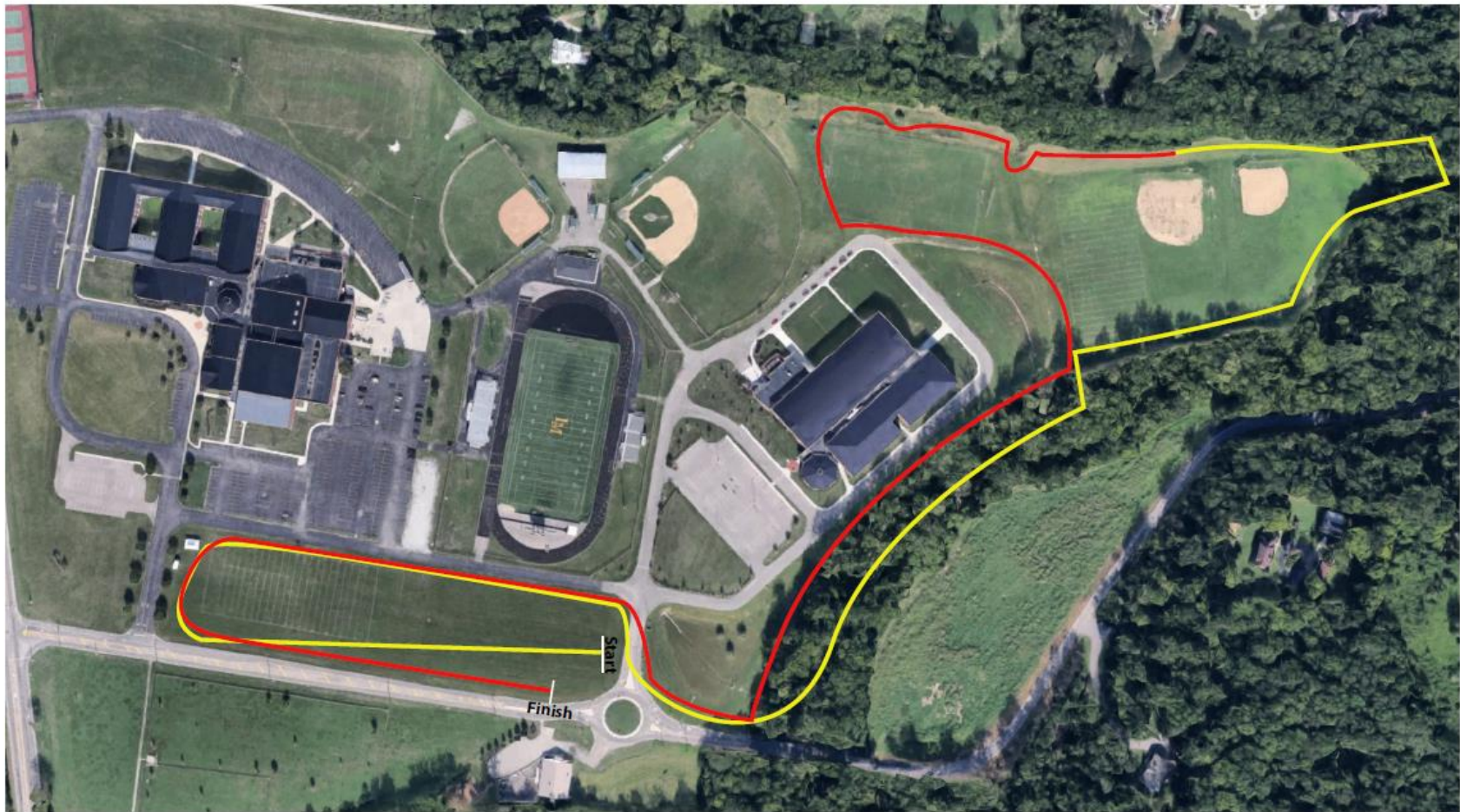


1st Mile- Yellow Line

2nd Mile- Red Line

3rd Mile + .1- Blue Line

Little Miami Junior High Cross Country Course



1st Mile- Yellow Line

2nd Mile- Red Line